

EnviroHealth2026

Event Date: May 16, 2026 9am to 5pm

Event Location: Hilton Double Tree Tower Bridge 7 Pepys St, London EC3N 4AF

Event Format: One-day symposium - hybrid in-person + livestream

Hosts: EnviroHealth in partnership with ANH International, Colab Services and the Pruimboom Institute

Time	Theme	Speaker
08:45	Registration and refreshments	
09:15	Welcome & Opening Remarks – The Vision for EnviroHealth	Lou Carder
09:30	Opening Presentation: The Human Ecology – From Planet to Home to Body	Dr Rob Verkerk
11:00	Mid Morning Break	
11:30	The Indoor Ecology – Hidden factors in human health	Lou Carder
12:30	Lunch & Networking	—
13:30	Keynote Mismatch and Adaptation – The Psychoneuroimmunology of Modern Living	Prof. Leo Pruimboom
15:30	Afternoon Break	
15:50	Panel Conversation: Adaptation, Mismatch & Resilience in Practice With audience Q&A	All speakers- Moderator Karina Athwal (Pruimboom Institute)
16:20	Closing Remarks & Call to Action – Reclaiming the Ecology of the Mind	Meleni Aldridge (ANH)
16:30	VIP Reception & Partner Showcase	—

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